

Frequently Asked *questions*



Are sleep studies covered by health insurance?

- Almost all insurance companies cover sleep studies because treating sleep disorders can lead to a decrease in overall healthcare costs by reducing the likelihood of developing conditions such as hypertension and heart disease.
- Most insurance companies do not require pre-certification, but if yours does, Sleep Healers will take care of it.

How does Sleep Healers verify my insurance coverage and bill my insurance company?

- Sleep Healers has the ability to access **in-network** benefits provided by all insurance plans through its parent company, **Medical Edge**.
- As a courtesy, Sleep Healers will call and **verify coverage for sleep studies** and, if necessary, durable medical equipment coverage should you require home CPAP equipment.
- Your patient care representative will explain your **insurance coverage** and your personal responsibility.
- It is expected that you will meet your financial obligation at the **time of service** unless other arrangements are made.
- Remember, Sleep Healers is contracted with insurance companies through the name **Medical Edge**.
- You are encouraged to contact your insurance company to verify your coverage.

How will I be billed for my sleep study?

- If your sleep study is billed in-network, you will receive an explanation of benefits listing
- **Medical Edge** as the facility. You will receive a statement from **Medical Edge** for your financial responsibility.
- As we are an in network facility, we have an agreement with your insurance company that we must abide by. We are legally and **contractually obligated** to collect co-pays and deductibles as defined by your insurance plan. We are willing to make **payment arrangements** and set up convenient monthly payments to complete your **financial responsibility**.
- If you are experiencing financial hardship, Sleep Healers can help. Please let your Patient Care Representative know.

Are there any other costs for the sleep study besides the study itself?

- Your sleep study will be **interpreted** by either your referring physician or a Sleep Specialist. A **separate charge** will be generated and you may or may not receive an invoice from the interpreting physician for your financial responsibility.

When will I receive my results?

Your sleep study will be scored by a Registered Polysomnographic Technologist. The results of the study will be sent to your referring provider or a sleep specialist. If a second test is needed, your provider may wait to discuss the results until both reports are complete.

If you need to reschedule your appointment, please call our Business Office during business hours (Monday through Friday, 8:00 AM – 5:00 PM) at 972.506.7800. The call must be received no later than 48 hours prior to your study or you may be subject to a late cancellation/missed appointment charge of \$50.00. This charge is not billable to your insurance.

If you have any questions regarding sleep studies or sleep disorders and problems, please call Sleep Healers at 972.506.7800 or visit our website: www.sleephealers.net